

Sara Reynolds, MDiv, BCC is a pediatric Senior Chaplain at Children's Hospital Colorado (CHCO). She is board certified through the Association of Professional Chaplains (APC), and received her Master's of Divinity from Wake Forest School of Divinity. Sara continued her training in Houston, Texas at Memorial Hermann Texas Medical Center, and was able to gain a wide variety of experience in trauma, pediatrics, and quality of life conversations. She currently works in Aurora, Colorado serving the Heart Institute at CHCO. She provides continuity of care for children and families experiencing cardiac diagnoses from prenatal diagnosis throughout their medical journey with the hospital. She is passionate about helping children and their families explore meaning making through their story in the hospital. As part of this work, she coordinates and works closely with the palliative care team at CHCO. Sara is interested in trauma-informed work, and interacts closely with trauma, crisis, and bereavement. Sara works closely with and helps to support the grief and bereavement program at CHCO, and for the past 6 years, she has helped to co-facilitate parent grief groups. Sara also works to teach de-escalation strategies with the hospital's workplace violence initiatives, and is an active member of the Resiliency Education Support and Training (REST) Council, which supports hospital staff members in developing and maintaining resiliency.